

AUTUMN NEWSLETTER



01 September 25



Here's what has happened in the last month and what's to come!

We're excited to share some recent updates as we continue working to create a positive and lasting impact in our community. First and foremost, a heartfelt thank you to our amazing trustees, donors, and volunteers. Your ongoing support, generosity, and belief in our mission have been instrumental in keeping our programmes running and growing.

Recently, we've been actively working in local schools to meet an increasing need for emotional and mental health support within education settings. We'll soon be visiting schools near you to raise awareness among young people about the support services we offer and how we can help. It's a key step in ensuring more young people know where to turn when they need it most.

We're also excited to be hosting more local community events. One of these is a Swap Shop in partnership with Bassetlaw Food Bank—offering a space for people to share resources, connect, and support each other. You'll find more details about this event further on in the newsletter.

As always, we want to remind you that our work is only possible because of the continued support of people like you. If you're able to donate time, skills, or resources, or even support us through Easy Fundraising—every little bit truly makes a difference. Everyday activities like shopping online can generate small donations that go directly towards helping us support young people across Bassetlaw.

Together, we can continue to improve the lives of local young people aged 11–25, offering them the care, connection, and opportunities they deserve.

Thank you - and
enjoy this seasons
newsletter!

Centre Place x

In this newsletter you can expect:

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Centre Place Updates



BACK TO SCHOOL!

Over the summer half-term, The Centre Place team has been busy preparing to visit local schools to share information about the support we offer for young people aged 11–25.

Starting in September, we'll be running drop-in lunchtime sessions in schools—providing a safe, friendly space where students can learn about our services, ask questions, and find out how we can support their wellbeing.

We understand that returning to school or starting a new school year can feel overwhelming after the summer break. These sessions are designed to reassure young people and let them know they're not alone, and that help is available if they need it.

Multi Cultural Festival

We're excited to be taking part in the Multicultural Festival hosted by Bassetlaw Multicultural Association on Saturday 13th September, from 11am to 5pm at Bracebridge Field, Worksop.

Join us for a vibrant day of celebration, community, and culture—we'd love to see you there!

School Dinner Time Awareness Stand

Outwood Post 16 Centre, Worksop - 12 - 1:30pm Thursday 18th September
Outwood Academy Valley, Worksop - 12- 1:30pm Tuesday 23rd September
Outwood Academy Portland, Worksop - 12-1:30pm
Monday 29th September
The Elizabethan Academy, Retford - 12:30-1:15pm
Tuesday 30th September
Retford Oaks Academy, Retford - 12- 1:30pm
Thursday 2nd October
Serlby Park Academy, Bircotes 12-1:30pm
Thursday 9th October



LGBT+ Updates

Our LGBT+ Project Workers have been working really closely with our young people who access our services during the summer half term, they have been taking trips out on Wednesdays during the day. This has been a mixture of cinema trips, board game events and fitness activities such as tennis. This has been a great opportunity to give our young people an extra bit of support within the summer half term which can sometimes be a very hard time for our young people.

Not only have they been working closely with the young people, but we have also started our parents and carers group back up and the last one was a brilliant success! The next date for these are below, The session will be run over teams so, if you would like an invite for this group, please don't hesitate to contact us on lgbtplus@centreplace.org.uk

- Wednesday 24th September - 18:00 - 19:00

LGBT+ Project workers have been very busy before and during the summer half term with attending various prides in the region, we have attended:

- Harworth and Bircotes Pride - Saturday 28th June
- Worksop Pride - Saturday 12th July
- Retford Pride - Saturday 2nd August

As always we look forward to next years prides!

Our Halloween party dates are:

- Wednesday 29th October
- Thursday 30th October





Talkzone Updates

Talkzone Parent and Carers Support Group

Our monthly support group is for parents and carers with a child age 0 - 25 years. If your child is struggling with their mental health and you're finding it difficult, our parent and carers group could be the support you're looking for.

Whether you want to offload, or listen to others, this is a safe and supportive space to relax.

Our next 2 sessions are: Thursday 18th September from 2 - 3pm at Ramsden School, Carlton in Lindrick, S81 9DY (children don't need to be going to this school to attend) and Friday 17th October 9.30 - 10.30am at Centre Place, Abbey Street, Worksop, S80 2LA

We look forward to seeing you there.

Bassetlaw's September Swap Shop!

We've teamed up with Bassetlaw Foodbank to bring you a Clothing Swap Shop! As the seasons change, updating your wardrobe can be expensive.

To help be more sustainable, reduce waste and save the pennies in your pocket, we're hoping to help you with our Swap Shop!

Taking place on Tuesday 16th September between 4pm and 7pm at Bassetlaw Foodbanks hub off Shrewsbury Road, bring 5 items of clothing* and be able to take up to 5 pieces home with you!

We'll have team members on hand for advice and guidance, as well as the Bee Hive Cafe being available for teas and coffee's.

Everyone welcome.

*Clothing must be clean and wearable. No underwear, swimwear, pyjamas, jewellery or school uniforms.

Mental Health Awareness Days

Important Mental Health Awareness Days to Mark on Your Calendar

Here are some key dates for Mental Health Awareness days to be mindful of:

September: Suicide Prevention Month



- Main Date: 10th September 2025
- World Suicide Prevention Day is organized by the International Association for Suicide Prevention, offering a global platform to raise awareness about suicide and its prevention.
- On this day, it is customary to wear yellow clothing or accessories to show support.

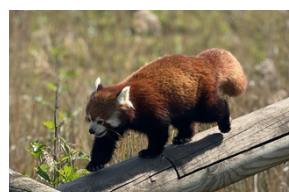
October: World Mental Health Awareness Month



- Main Date: 10th October 2025
- Similar to other awareness initiatives, this month highlights a critical issue: mental health. Mental health is important every day of the year, but the 10th of October serves as a global opportunity for education and awareness.
- This day encourages everyone to prioritize their mental health and that of others through understanding and compassion. Organizations often leverage these awareness days to promote their services and ensure individuals receive necessary support.
- On World Mental Health Day, wearing green clothing or accessories to show support.

Gallery

Please enjoy looking at some images from our recent events and stalls we have been apart of during the summer, including our Team building day trip to Yorkshire Wildlife Park, LGBT+ youth groups, Pride events and our team supporting Mental Health Awareness week in May.



Thankyou For Reading