

# SPRING

# NEWSLETTER



March 26



Here's what has happened in the last few months and what's to come!

We're excited to share some recent updates as we continue working to create a positive and lasting impact in our community. First and foremost, a heartfelt thank you to our amazing trustees, donors, and volunteers. Your ongoing support, generosity, and belief in our mission have been instrumental in keeping our programmes running and growing.

The Centre Place, has had a very busy couple of months - we celebrated our Christmas Party back in December, we had a Charity Gift Wrap, and we got nominated for North Notts Business Women Awards!

During the new year we have been planning some exciting things for the summer we can't wait to tell you all about! We are also making a conscious effort to help and support Young People in the half terms by introducing our Half Term Hubs.

As always, we want to remind you that our work is only possible because of the continued support of people like you. If you're able to donate time, skills, or resources, or even support us through Easy Fundraising—every little bit truly makes a difference. Everyday activities like shopping online can generate small donations that go directly towards helping us support young people across Bassetlaw.

Exciting news! The Centre Place turns 30 this year, WOW! Look out on our social media for exciting events throughout the year.

Thank you - and enjoy this seasons newsletter!

*Centre Place x*

### In this newsletter you can expect:

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Centre Place Updates

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LGBT+ Updates

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Talkzone Updates

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Awareness Days

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Gallery

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# Centre Place Updates

Centre Place, have had an amazing start to the year 2026! We all had a wonderful Christmas break and a fantastic New Year.

What's to come for 2026 - We are looking at creating something special for this year as The Centre Place turns 30! So look out for a year full of celebrations so you don't miss out.

In February Half Term, we opened a "Half Term Hub" within the Centre, it was a true success of bringing young people together, we helped the young people understand the importance of online safety, and helped them navigate around different mental health and wellbeing apps as well as encouraging them to download and access the NHS app. We are looking at expanding with our Hubs and continuing to open them during other half terms.

The Centre Place, our CEO and Office Administrator are all FINALISTS for the North Notts Business Women Awards! Some of the staff members will be attending the award ceremony at the end of March and hopefully we come back with 3 winning awards! Wish us luck!

During March we are heading into Schools, GP's & Family Hubs across Bassetlaw to present our "Digital Inclusion Stalls" to help support people within today's technology and the NHS app to help them manage their health needs effectively. Anyone who downloads the NHS App has a chance to enter a competition to win a £20 gift card.



## LGBT+ Updates

Our LGBT+ Project Workers have been so busy heading into the new year, there has been lots of fun events that we have been doing within groups. Firstly, February was LGBT+ History Month and we celebrated by creating something special called "The History of Me". We invited our LGBT+ groups to create artwork that represents who they are - something unique about their identity, interests or experiences. Each piece reflects a personal story and will be proudly displayed during Pride Month.

During History Month, we also did some LGBT+ history activities including a timeline exercise where our young people matched key events with the correct dates, we feel this information is extremely beneficial for our young LGBT+ people to learn about and understand.

We have also been working together in groups to support other services by providing essential feedback to help improve inclusive language within their services.

Within the LGBT+ service, we have been developing our accredited scheme. This accreditation scheme focuses on enhancing and verifying LGBT+ inclusion within local organisations. Included in this is LGBT+ awareness training for staff and dedicated support to achieve accreditation.

Our LGBT+ Project Workers, have been working on their schools project pack. Thanks to successful funding from "The Henry Smith Foundation" and "LGBT+ Consortium", they have secured funding for a 12 month project aimed at enhancing LGBT+ support within schools.



## Talkzone Updates

Talkzone held their first partnered parents and carers support group at the Town Hall on Thursday 26<sup>th</sup> February. Further sessions will be based online or within The Centre Place. Our next session is: Thursday 20<sup>th</sup> March 9:30am at The Centre Place.

Children's Mental Health Week 9<sup>th</sup> - 15<sup>th</sup> February:

Our staff members held lunchtime stalls across schools in Bassetlaw to provide young people with a space for information around support, this was a great success in sharing information that some young people may not have the access to. We also held an open stall at Riverside Harworth Doctors, where we asked the public to write down what makes a safe space for them. We have just picked up the book from Harworth and there is some lovely statements in there.

For Stress Awareness Month April 2026, we are running a Stress Awareness Poetry Competition for Children and Young People across Bassetlaw, the competition closes on 23<sup>rd</sup> March 2026. We welcome any entries from young people surrounding the Bassetlaw area ages 11-25. The winner will receive a £20 Gift Voucher.

Two of our Mental Health and Wellbeing Workers, partnered up with North Notts College to present a workshop to Health and Social Care Students, providing information regarding career pathways to expose students to real career journeys, provide realistic insight into qualifications, manage workloads and career progression by running through how our staff members made their journey to where they are today to help the students learn what is possible and what steps to take to get there.

## Awareness Days

Important Awareness Days to Mark on Your Calendar

Here are some key dates for Awareness days to be mindful of:

March 2026

20<sup>th</sup> March - International Day of Happiness

31<sup>st</sup> March - International Trans Visibility Day

April 2026

Full Month - Stress Awareness Month

02<sup>nd</sup> April - World Autism Awareness Day

07<sup>th</sup> April - World Health Day

20<sup>th</sup> - 26<sup>th</sup> April - Lesbian Visibility Week

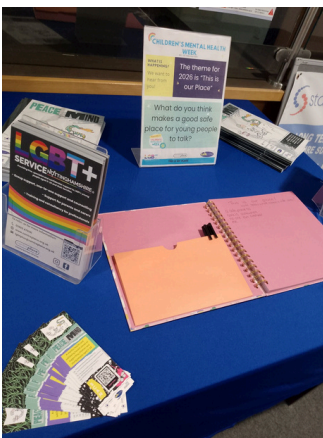
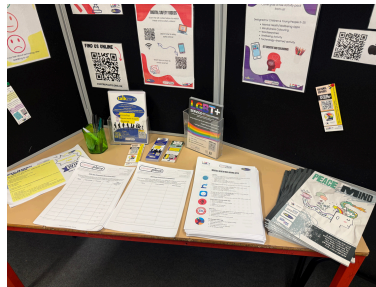
May 2026

12<sup>th</sup> May - Mental Health Awareness Day

17<sup>th</sup> May - Day Against Homophobia and Transphobia

# Gallery

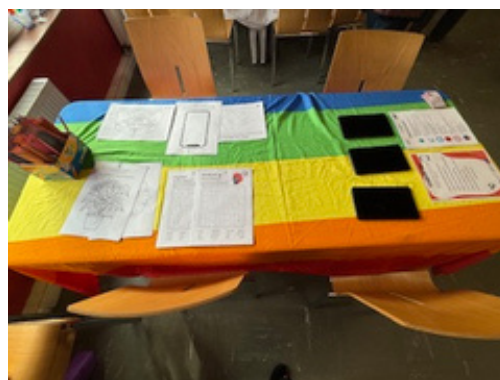
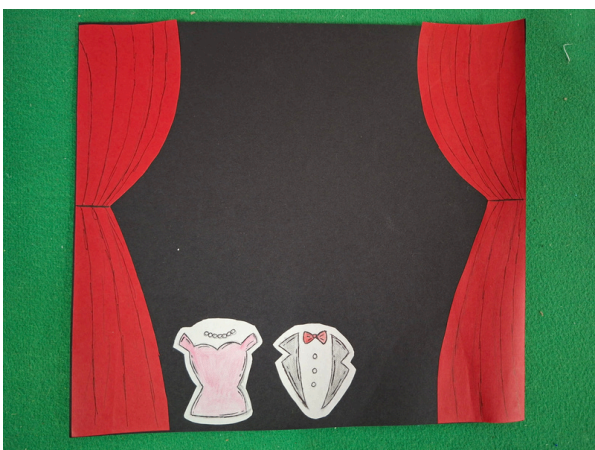
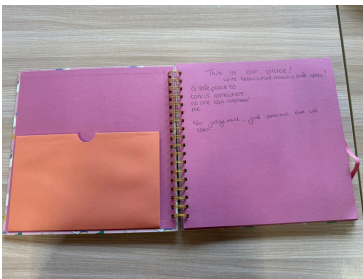
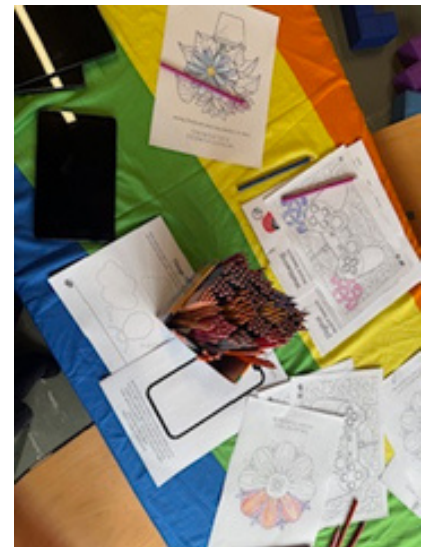
Please enjoy looking at our Gallery, with some images of our stalls within the schools and GP surgeries, LGBT+ History Month art work & our Half Term Hub.



# FINALIST



## NORTH NOTTS BUSINESS WOMEN AWARDS 2026



*Thankyou For Reading*